

NielsenIQ

Quarterly Snapshot

INDIA FMCG

Navigating High Base & Channel Shift

Jan-Feb-Mar 2026

India RMS



FMCG KEY HIGHLIGHTS

Jan-Feb-Mar 26



All India - Growth% JFM'26 Vs YA		
Value	Volume	Price
3.0%	0.9% ↓	2.1%

- **Traditional Trade lag**, drag FMCG to single digit value growth in first quarter of 2026.
- **Modern Trade strong** grows, led by non-Metro expansion & low base.
- **E-Commerce** has reached 19% share in Top 8 Metros. Q-comm drives most of E-comm growth.
- **Price growth drop** to lowest levels in last six quarters while average pack sizes improve.
- **Rural volume** declines on high base while urban grows due to Modern Trade & Metro recovery.

High base impacts TT while MT leads Urban growth

Growth% JFM'26 Vs YA

Pop Strata



Value	Volume	Price
3.2%	2.2%	1.0%

Urban India (61%)



Value	Volume	Price
2.7%	-0.8% ↓	3.5%

Rural India (39%)

Channels



Value	Volume	Price
1.3%	-1.7% ↓	3.0%

Traditional Trade (89%)



Value	Volume	Price
17.4%	22.7% ↑	-4.3%

Modern Trade (11%)

E-commerce in Metro Cities now contribute 19% of FMCG sales

Meta group



Value	Volume	Price
3.2%	1.2% ↓	2.0%

Food (61%)



Value	Volume	Price
2.7%	0.2% ↓	2.5%

HPC (32%)



Value	Volume	Price
2.2%	-2.4% ↓	4.7%

OTC (7%)



Number in brackets shows saliency
Consumption growth slower/faster than the previous quarter growth (OND'25)

Source: NielsenIQ, FMCG Quarterly Snapshot Q1 2026 (JFM'26)

Macroeconomics

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Macro Environment: Stable Base, Emerging Caution

- Macro fundamentals remain stable, but consumer confidence softens, indicating near-term caution
- IIP moderation (~4.1%) is largely transient (GST normalization, base effects)
- Inflation re-emerging (CPI ~3.4%, WPI ~3.9%) with risk of cost pass-through
- Unemployment stable (~5%) but weak income momentum, especially in rural

Outlook: Stable base with rising short-term demand volatility



FMCG Trends

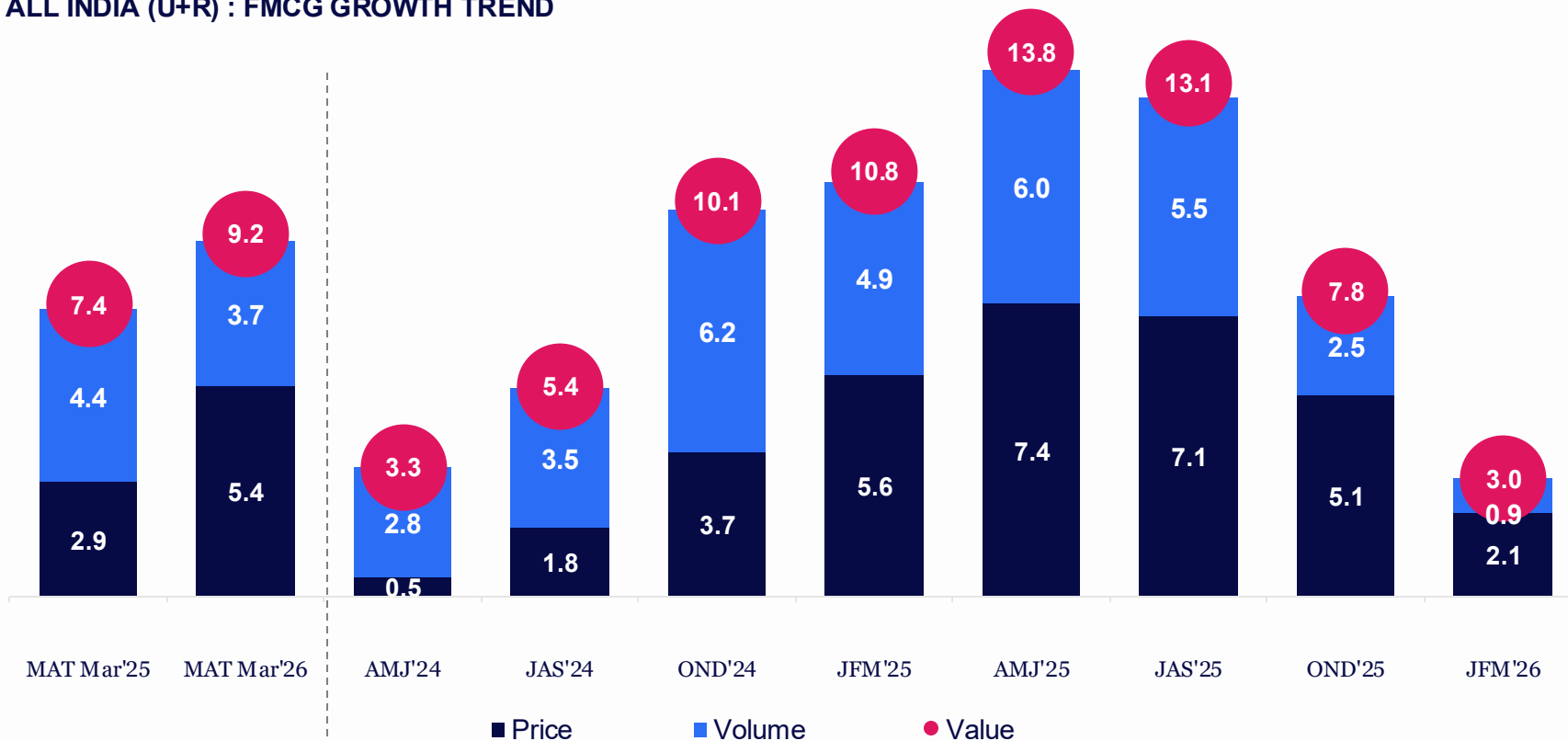
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Pricing Moderates While Larger Packs Support Value Growth

Slower price growth, along with a shift towards larger pack sizes, helps FMCG values remain resilient despite moderated volumes

ALL INDIA (U+R) : FMCG GROWTH TREND



Unit Growth vs YA



Modern Trade taps double digit growth while TT Lags



Lowest Price growth in year. Edible Oils also observe price drop.



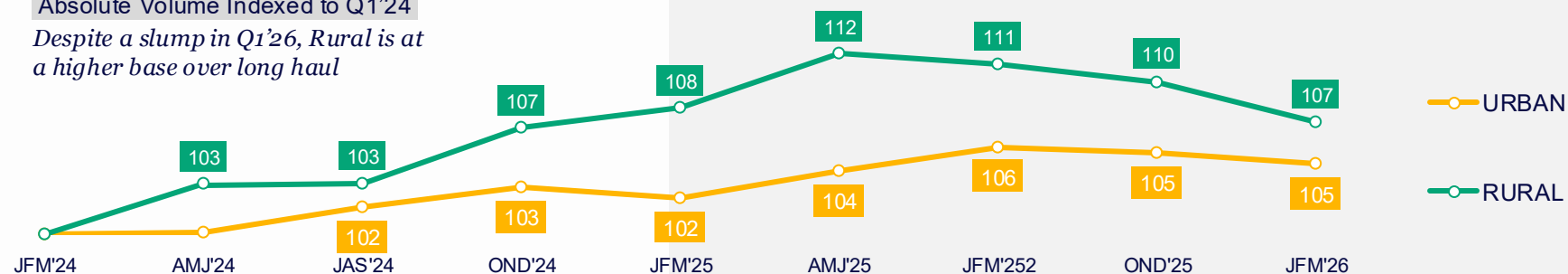
Average Pack Size increased versus JFM'25

Growth Momentum Shifts Further Toward Urban Markets

Urban India increasingly drives FMCG growth while rural consumption remains muted versus last year's high base



Absolute Volume Indexed to Q1'24
Despite a slump in Q1'26, Rural is at a higher base over long haul



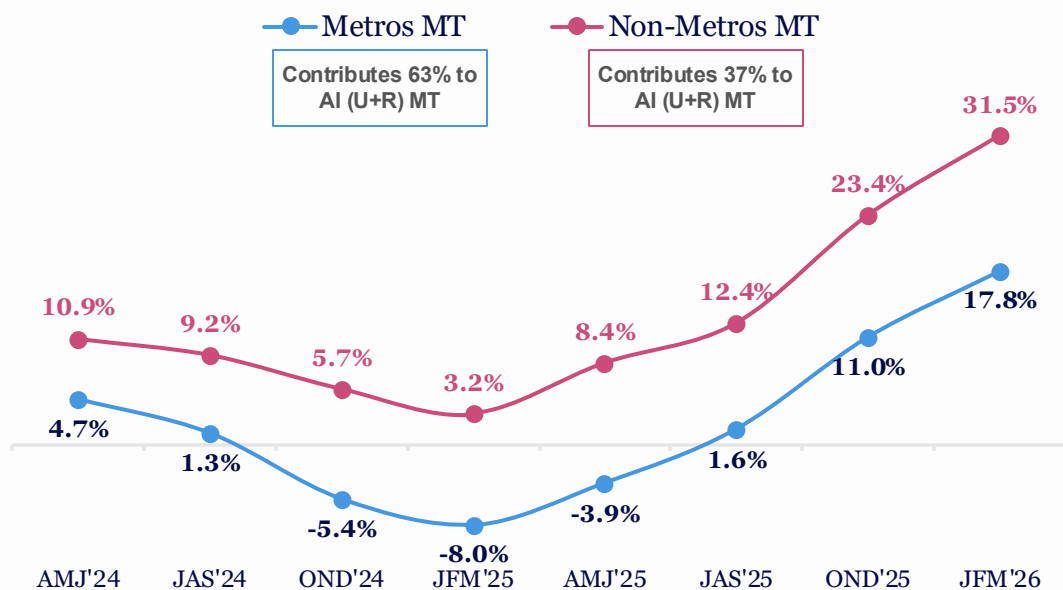
Value contribution (%) on MAT Mar'26

Source: NielsenIQ, FMCG Quarterly Snapshot Q1 2026 (JFM'26)
Markets : All India (U+R) offline

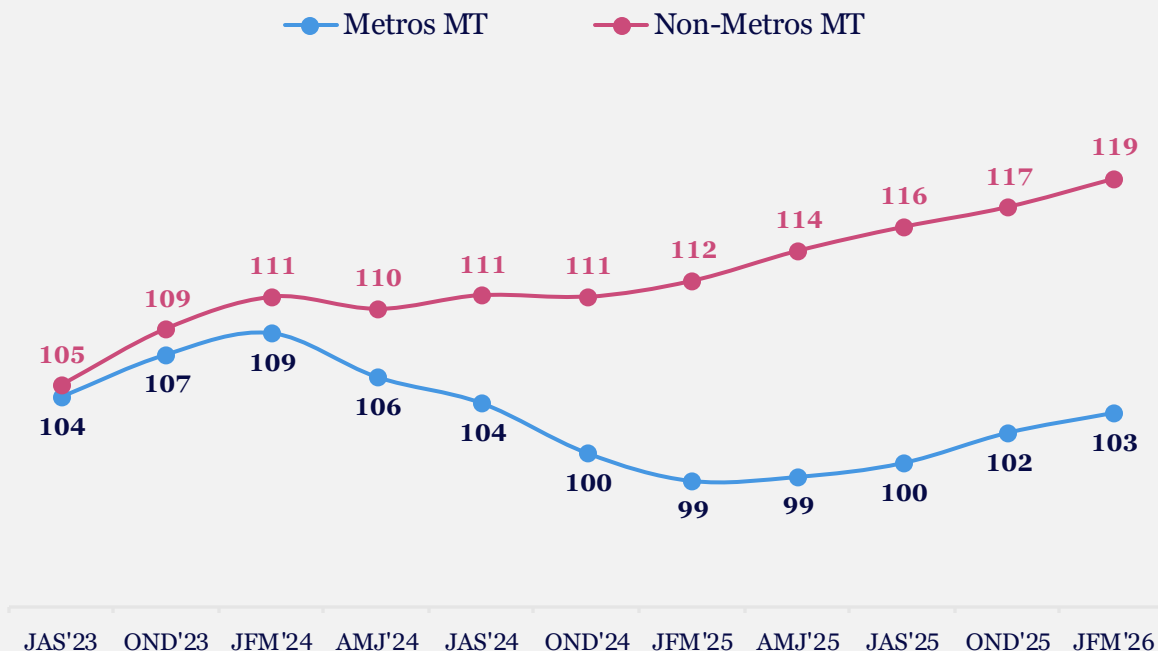
Non-Metro MT grows 1.5x faster than Metro MT led by store expansion (indexed to AMJ'23)

Store increase, low base & GST 2.0 smoother transition fuels MT growth overall

MT FMCG Volume Growth%



MT Store Count Indexed to AMJ'23



Lower town class driving growth for Urban

Metro observed consumption led growth after 4 quarters. Omnichannel Metro surpass Rural & TC1 volume growth

Metro | 26%

Town Class 1 | 16%

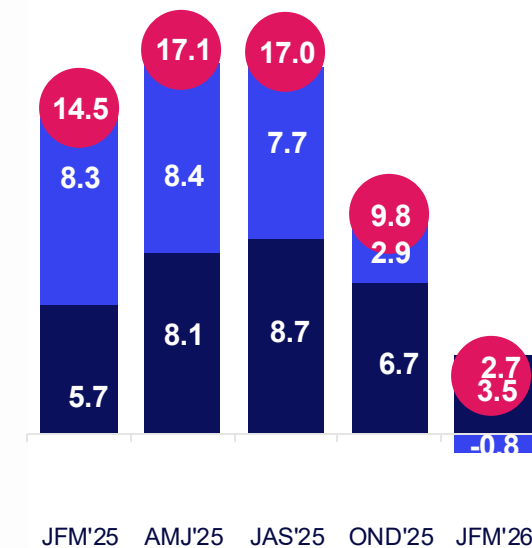
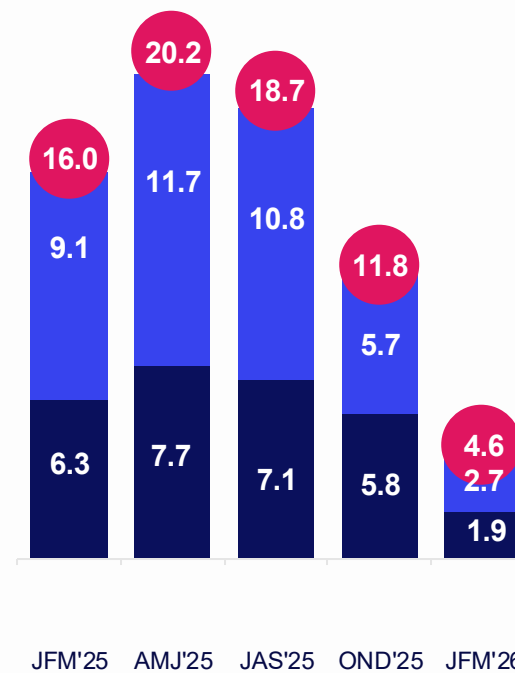
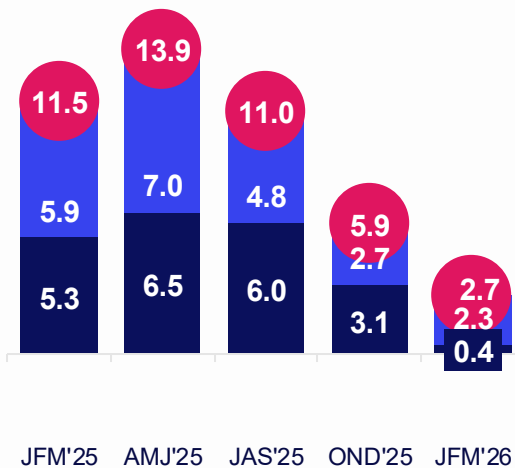
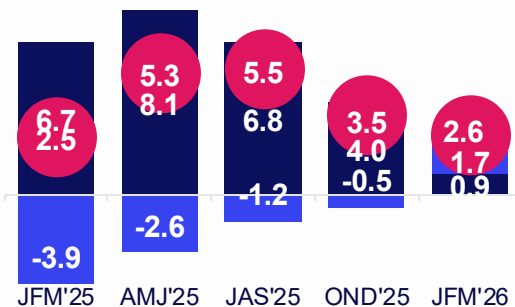
TC2+ROU | 19%

Rural | 39%

■ Val Gr
■ Vol Gr
■ Price Gr

Val Gr	6.9	9.8	10.0	7.6	6.5
Vol Gr	0.1	1.4	2.7	3.0	4.3
Price Gr	6.8	8.4	7.3	4.6	2.2

Omni Metro* including E-comm



■ Price Gr ■ Volume Gr ● Value Gr

Value contribution (%) on MAT Mar'26

Population Size:

Metro : >10 Lakhs ;TC1 : 1-10 Lakhs ;ROU : >10K -1 1Lakhs ;Rural: <10K

Omni Metro* = TT & MT data from RMS + E-comm co-op only data from EMS [LFL categories]

FMCG: Moderation with Structural Shifts

FMCG growth is showing signs of moderation despite easing price inflation and GST rationalization, with rural demand softness becoming more pronounced.

This trend is driven by:

- High base effects weighing on incremental growth
- Pressure on key price points (₹5/₹10 packs), impacting affordability-led consumption
- Underperformance of core, high-weight categories

In contrast, urban markets remain relatively resilient, supported by metro-led volume recovery and strong momentum in modern trade. Notably, modern trade continues to deliver double-digit growth, driven by rapid store expansion—particularly in non-metro regions.

However, rising crude oil and packaging costs present a key upside risk, with the potential to delay the pace of volume recovery.



E-commerce

Reshaping channel dynamics

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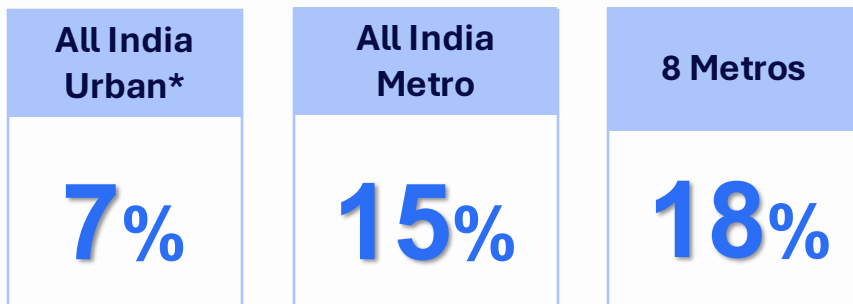


E-comm momentum continues: 7% in Urban India; 19% in 8 Metros (JFM'26)



E-comm Share

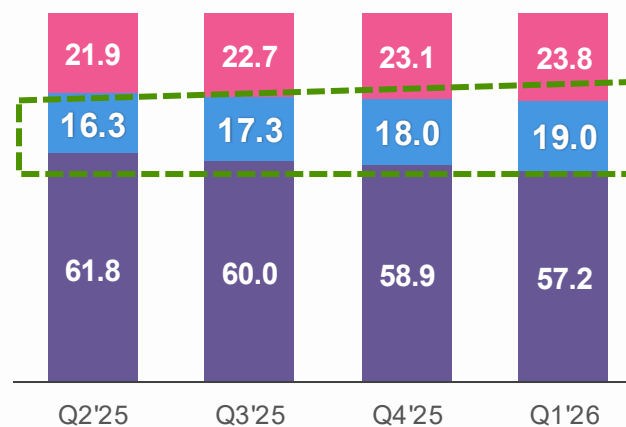
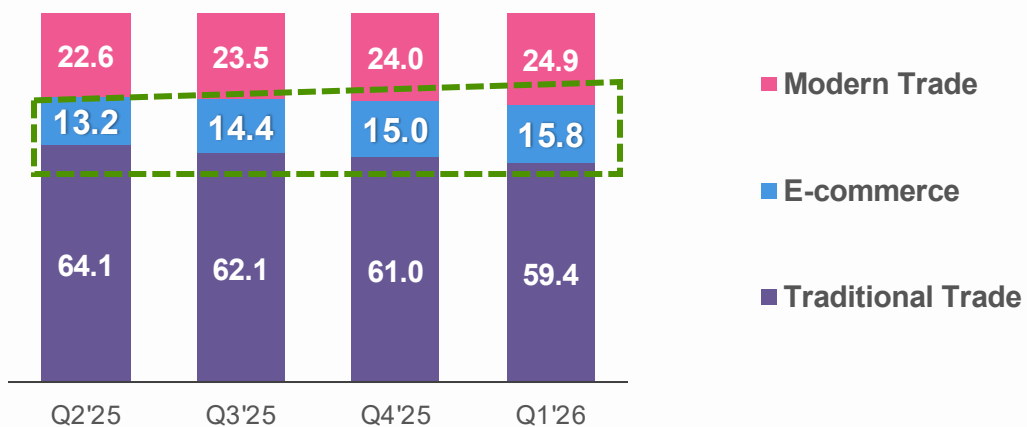
*FMCG 72 Categories
MAT Mar'26



All India Metro (52 Metros)



8 Metros



Note: Data of TT & MT is projected while E-comm is All Co-operating retailers' data.

All India Urban* includes E-comm ie. TT(Urban)+MT+E-comm metros

All India Metro ie. 52 metros aggregate with 1M+ population

8 metros includes Ahmedabad, Bangalore, Chennai, Hyderabad, Delhi NCR, Kolkata, Mumbai, Pune

Source: NIQ RMS, NIQ's E-commerce Measurement Solution (EMS)

Caveats in EMS data

- e-POS data from co-operating retailers (marketplaces & Q-comms)
- Value information is End Consumer Price (net of discounts)
- No estimation for non co-op retailers

Key Metros shift



North & East Metros – Delhi
+ NCR & Kolkata

Q2'25	Q3'25	Q4'25	Q1'26
13.2	13.6	13.5	13.6
16.4	17.0	17.7	18.2
70.4	69.4	68.9	68.2



West metros – Mumbai,
Pune & Ahmedabad

Q2'25	Q3'25	Q4'25	Q1'26
34.0	36.4	37.2	37.5
13.1	14.3	14.7	16.1
52.8	49.2	48.0	46.2



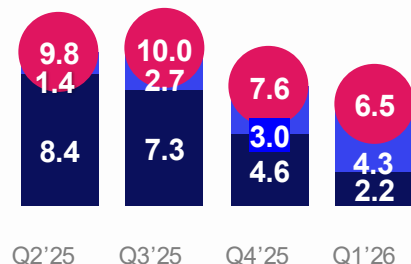
South metros – Bangalore,
Chennai & Hyderabad

Q2'25	Q3'25	Q4'25	Q1'26
23.8	23.6	24.0	25.6
19.0	20.6	21.4	22.5
57.2	55.8	54.6	51.9

Source: NielsenIQ, FMCG Quarterly Snapshot Q1 2026 (JFM'26)

E-comm delivers organic growth through Q1'26, holding firm against Q-comm high base

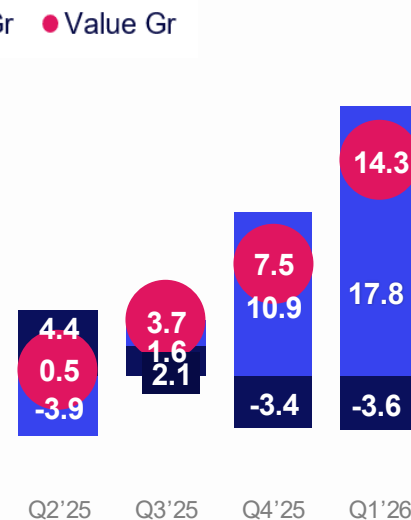
Omni Metros* | 100%



TT Metros | 62%



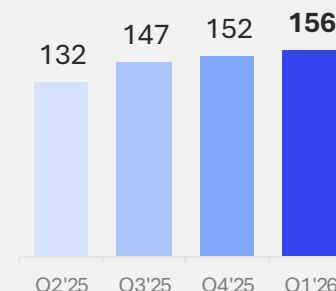
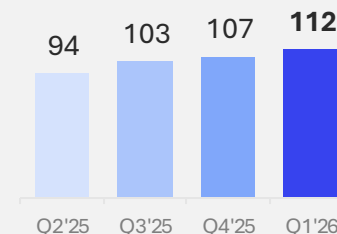
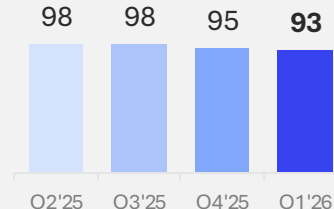
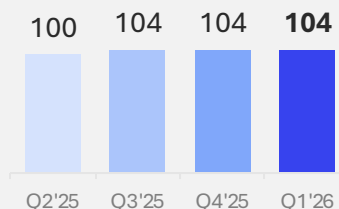
MT Metros | 24%



E-comm Metros | 15%



Sales Volume Index (2024 Average = 100)



Omni definition:
72 like-to-like categories available within RMS as well as EMS
Markets: All India 52 Metros
Channel: TT & MT data from RMS + E-comm co-op only data from EMS
Channel value contribution% is on MAT MAR'26
Source: NIQ RMS, NIQ's E-commerce Measurement Solution (EMS)

E-commerce Reshapes the FMCG Growth Playbook

E-commerce continues to demonstrate structural, outsized expansion, now accounting for:

- ~7% of urban FMCG sales
- ~19% share in top metros, with consistent ~1% quarterly gains

Growth is regionally skewed, with strong acceleration in South and West metros, while in North and East, e-commerce has already scaled to become the second-largest channel, overtaking modern trade.

Importantly, this growth is not incremental—it is largely substituting traditional trade, signaling a permanent channel rebalancing within FMCG.

Implication: E-commerce has moved from a high-growth channel to a strategic core driver of FMCG growth and channel strategy.



Category Dynamics

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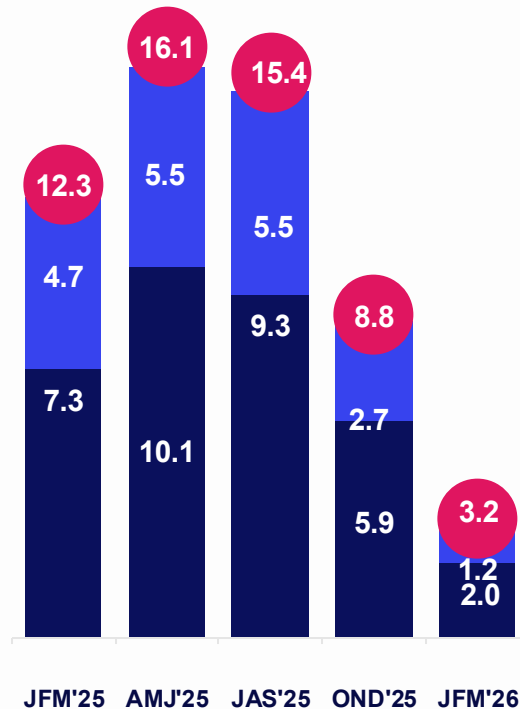


FMCG Consumption led by Food Portfolio; HPC remains muted

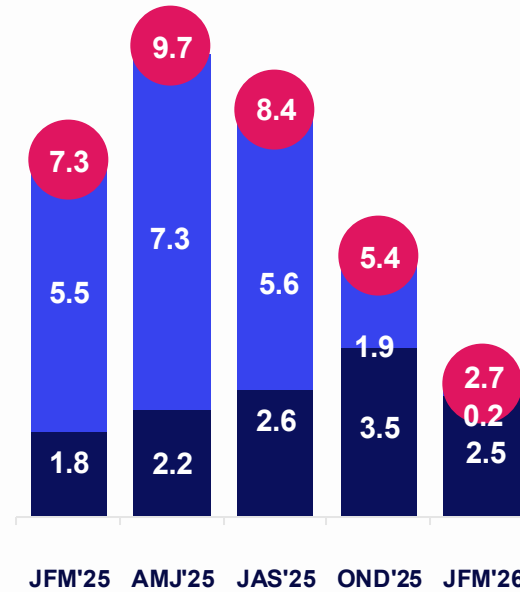
FMCG



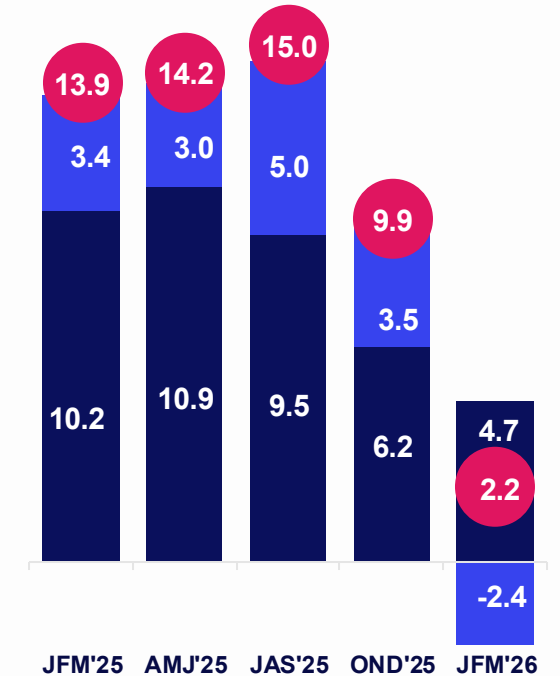
Food | 61%



HPC | 32%



OTC | 7%



■ Price Gr ■ Volume Gr ● Value Gr

Value contribution (%) on MAT Mar'26

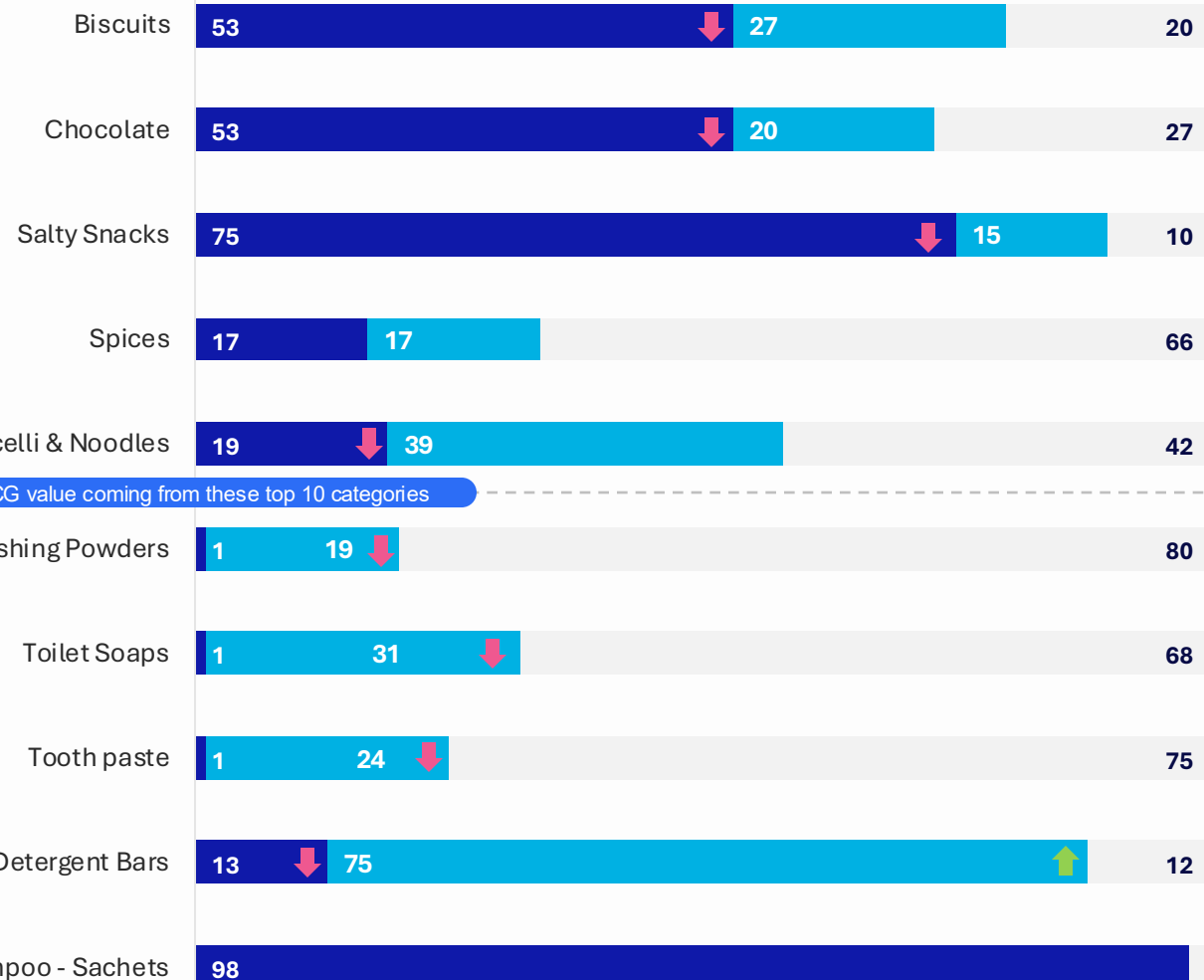


Inflation Is Breaking the Magic Price Point Model in Rural

High reliance on ₹5 & ₹10 SKUs amplifies volume decline under inflationary & GST 2.0 transition

Rural India

Contribution of Magic Price Point to total category volumes (Q1'26)



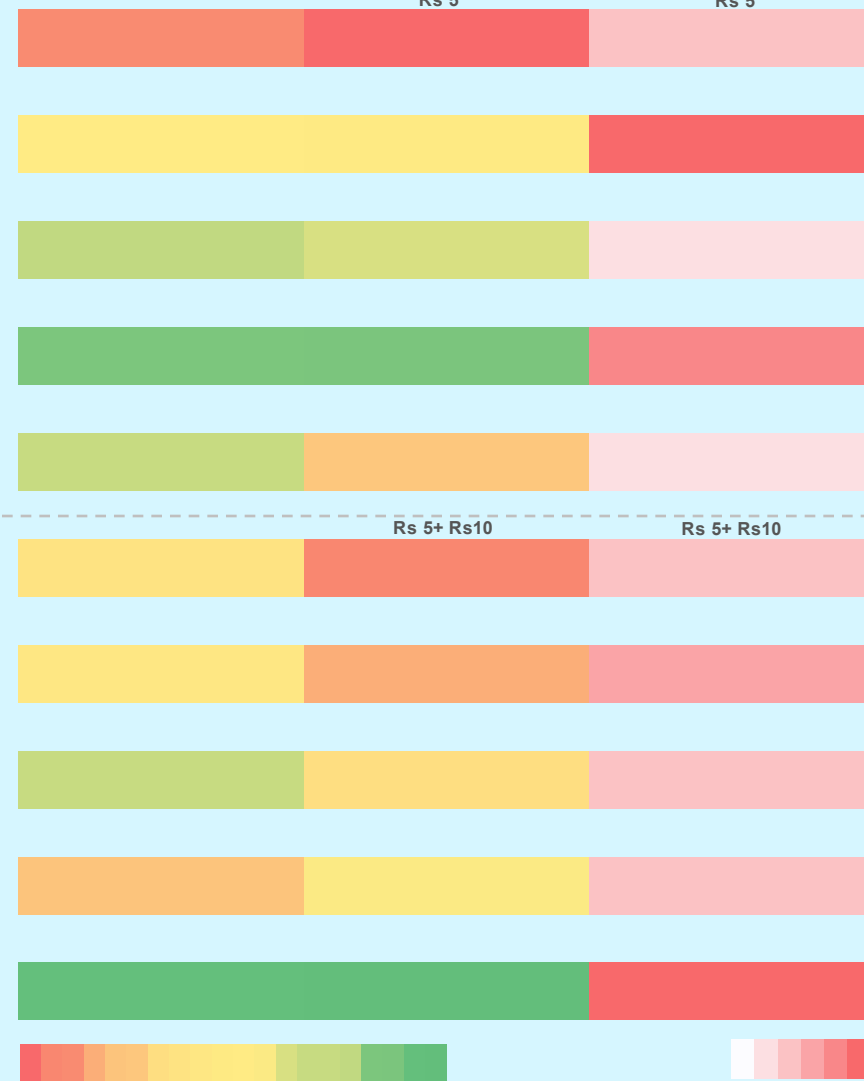
44%

Of FMCG value coming from these top 10 categories

Category Vol Gr

MPP Vol Gr
Rs 5

Assortment Reduced
Rs 5



Volume Growth Q1'26 vs YA [-10% to +10%]

Assortment Change 0 to -5%

Contribution within category increasing/ Decreasing

*Assortment Ch is compared to 2YA

Rising Costs Begin to Reshape What and How India Buys

FMCG underperformance is increasingly concentrated in key, high-weight categories such as biscuits, laundry, oils, and soaps—highlighting stress limited to core consumption.

This is driven by commodity volatility, import disruptions, and pricing cycles, creating uneven demand.

A deeper structural pressure is visible in the ₹5/₹10 “magic price point” segment, especially in rural markets, where companies are:

- Rationalizing assortments
- Adjusting pack sizes under cost pressure
- Seeing declining relevance of entry-price SKUs

Implication: The traditional affordability-led growth model is weakening, signaling a reset in entry-level demand.



Rising Costs Begin to Reshape What and How India Buys

Growth moderation is visible across all manufacturer segments, but uneven:

- Small & mid players:
- Stronger slowdown
- Higher dependence on rural and traditional trade
- Large & giant players:
- Better positioned
- Benefit from metro recovery and modern trade expansion

Implication: Scale, channel strength, and urban exposure are becoming key differentiators of growth resilience.



GST 2.0

Learning the impacts

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TT stabilizes in Feb, while MT continues to grow fast

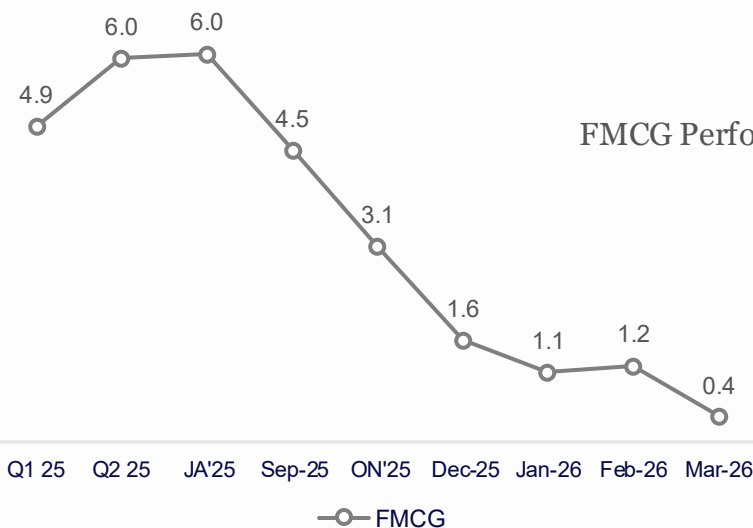
Modern Trade tackles disruption with faster price execution

GST 2.0

FMCG Performance

- With the rollout of GST 2.0 in September '25, FMCG sector faces **short-term turbulence** as volumes dipped.
- While volume growth showed signs of recovery in February '26, it weakened again in March '26, driven primarily by a high base effect rather than GST 2.0. The decline was more pronounced in categories where GST rates remained unchanged.

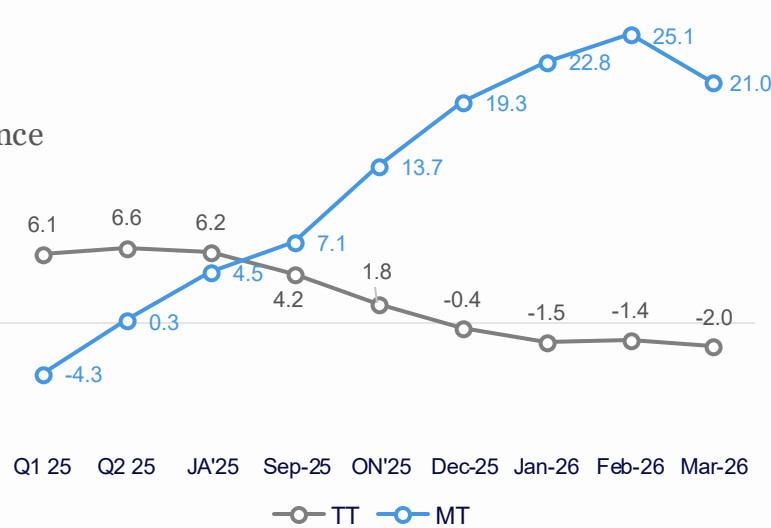
FMCG Volume Growth



Channel Performance

- Distributors and **TT stores** prioritized clearing high-MRP inventory before restocking, causing a dip in volumes and purchases causing volumes to drop in OND'25. In Feb 26, the downward trend has slowed.
- Modern Trade** managed the disruption due to GST 2.0, through discounts, driving volume growth in MT.

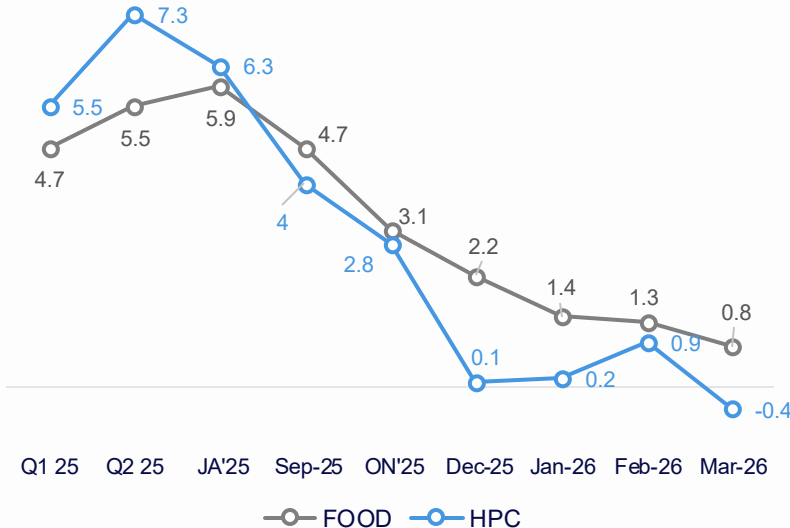
Channel Wise Volume growth



Baskets Performance

- HPC has been more impacted by GST 2.0, this transition led to an initial disruption in volumes; however, the recent decline is largely driven by underperformance in categories such as Laundry and Coconut Oil.
- Food categories, on the other hand, have seen relatively limited impact due to smaller GST changes, with the recent slowdown primarily attributable to a high base from last year.

Basket wise volume growth

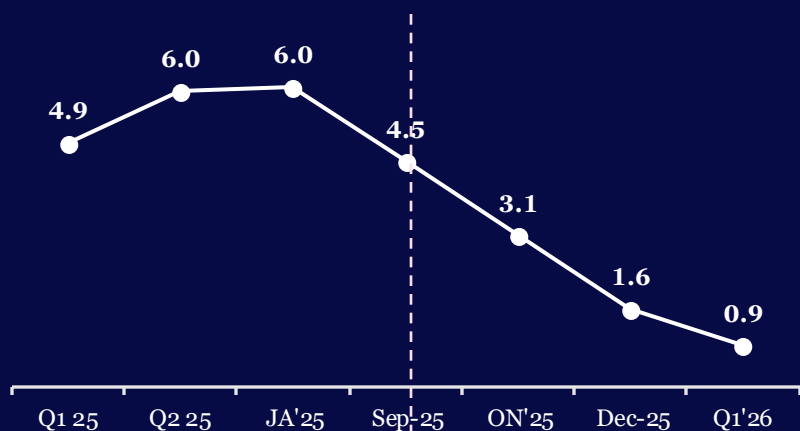


Source: NielsenIQ RMS, FMCG 88 Categories, All India (U+R)

Stable-GST Categories Show Minimal Volume Disruption

In Q1'26, ASP growth continues to decline paired with increased average pack size

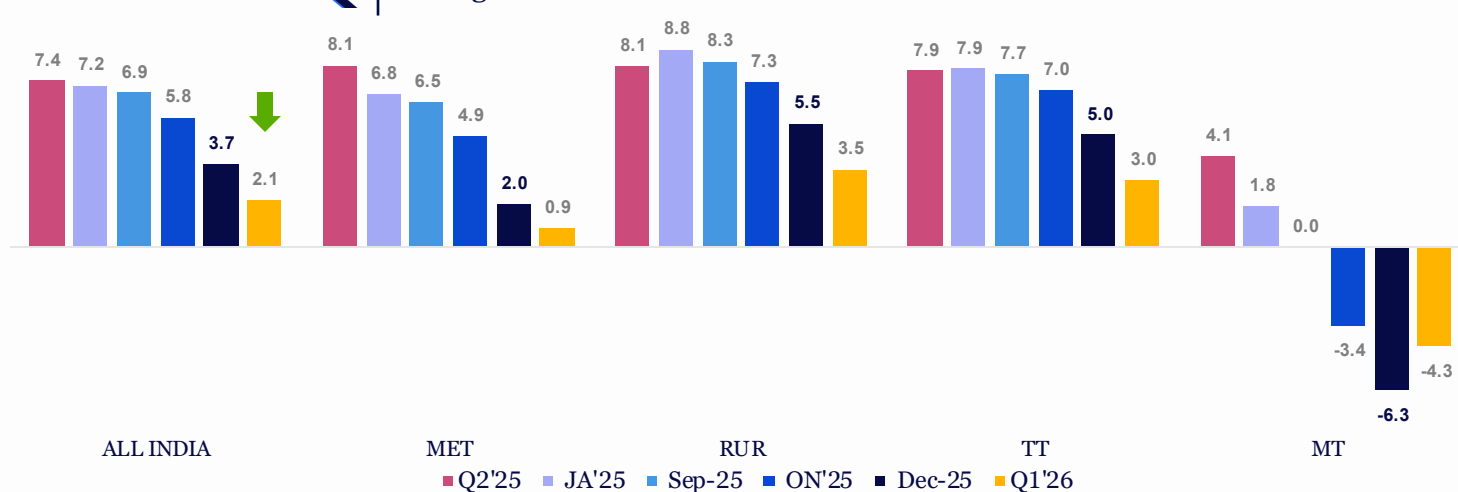
FMCG Volume Growth%



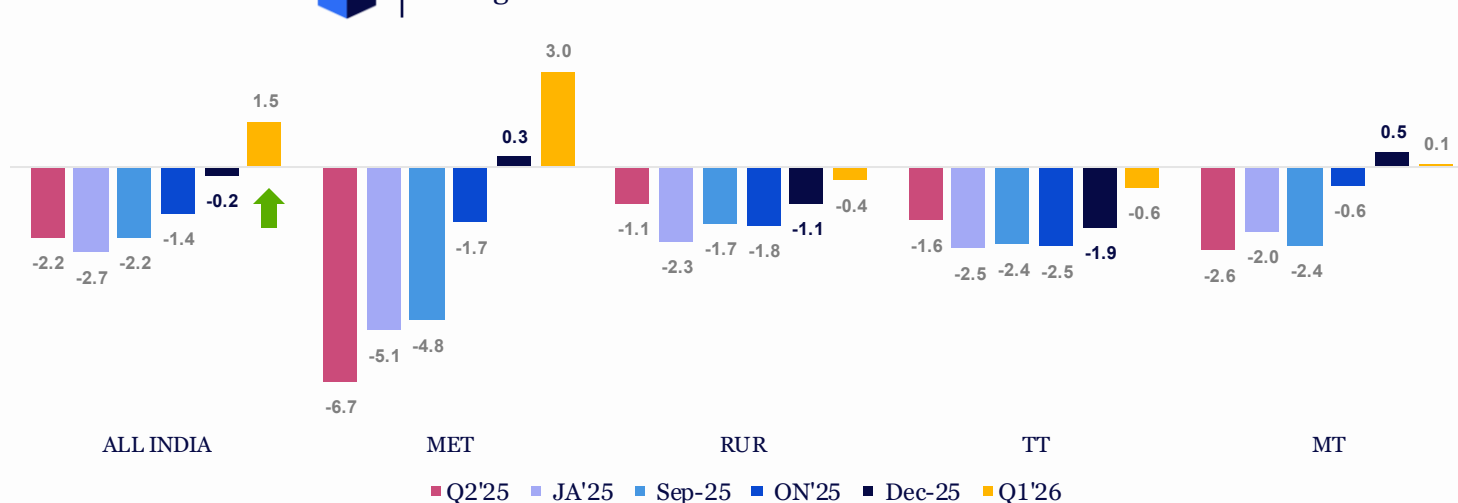
FMCG Volume % based on GST Change Status



Average Price Growth vs YA – Pre & Post GST 2.0



Average Size Growth vs YA– Pre & Post GST 2.0



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Quarterly Snapshot

(Jan – Feb – Mar'26)

Key takeaways

India's FMCG sector delivered steady value growth in *Q1'26* as the market moved into a phase of normalization. Easing price inflation and pack-size shifts supported value, even as volume growth moderated versus last year.

Growth momentum remained *urban-led, driven by Modern Trade and rapid e-commerce expansion*. Rural consumption stayed muted against a high base, shaped by affordability and price-point dynamics.



FMCG Growth Normalization

Value growth remains positive in Q1'26, supported by pricing and mix, while volume growth moderates versus last year. The sector transitions from inflation-led expansion to more calibrated, demand-led growth

E-commerce Accelerates FMCG Growth

E-commerce continues to grow at 2 - 3x the rate of overall FMCG, driven primarily by quick commerce in metros. Digital channels now account for ~10%+ of urban FMCG value, with penetration significantly higher in the top metros. Despite a high base and regulatory adjustments, demand remains resilient and incremental

Urban and Modern Trade Drive Incremental

Urban markets strengthen further, led by Modern Trade expansion and e-commerce acceleration, especially quick commerce. Rural consumption remains muted versus a high base, reflecting affordability pressures rather than structural weakness.

Category Dynamics : Volume Pressure

Food, HPC and OTC continue to grow, though at a slower pace compared to prior quarters. Inflationary & GST transition has impacted the magic price point SKU performance across major categories .

GST 2.0 & Anticipated Crude Oil Pressure

FMCG volume growth has been impacted by a high base effect. Although GST 2.0 is driving benefits via ASP reduction and pack size expansion, increasing crude oil prices could pose risks to volume recovery in upcoming quarters.

Coming *into view*

